

Translation of Numbers

The English language is comprised of 10 consonant sounds. By assigning one number to each of these consonant sounds, a simple system of number translation is created. These 10 number-sound combinations are listed below.

Translations

- 1 = t The letter **t** has one downstroke
- 2 = n The letter **n** has two downstrokes
- 3 = m The letter **m** has three downstrokes
- 4 = r Four letters in **four**; the 4th letter in **four** is **r**
- 5 = L Roman numeral **L** stands for 50
- 6 = J a **6** backwards looks like a **J**
- 7 = K The letter **K** looks like two **7**'s reflections
- 8 = f Two loops, like a script *f*
- 9 = P A **9** backwards is a **P**
- 0 = Z Zero begins with a **Z** - also last letter in alphabet

Rules

- Rule One:** The system is completely phonetic.
- Rule Two:** Vowels have no value

1	2	3	4	5	6	7	8	9	0
t	n	m	r	L	J	K	f	P	Z
d					SH	hard g	V	b	S
th					CH	hard c	PH		soft c
					soft g	ng			
					tch,dg	q			

Instructions: Combine the consonant(s) of the number with vowels to make words. Use concrete nouns only since abstract nouns don't create a mental image which can be associated. It's best to use the simplest form of the word since that will be the easiest to retrieve time-after-time. Since the system is phonetic, silent consonants don't count and "sounds-like" consonants all fall into one of the 10 groups above like the "Z" sound of TOES and the "K" sound of CAT. A list of the first 138 number-names is listed below. Once a number has been translated into a concrete noun, associate it as you would any other association by picturing the noun together with the subject matter to be remembered. By recalling either one (the content or the noun), you automatically recall the other.

This system is based upon the work of Dr. Bruno Furst and his landmark book, "Stop Forgetting".

Number Translation List

1.	Tea	34.	Mare	67.	Jack
2.	Noah	35.	Mail	68.	Chef
3.	May	36.	Match	69.	Jib
4.	Ray	37.	Mic	70.	Case
5.	Law	38.	Muff	71.	Cat
6.	Jaw	39.	Map	72.	Can
7.	Key	40.	Race	73.	Cam
8.	Fee	41.	Rat	74.	Car
9.	Pea	42.	Rain	75.	Coal
10.	Toes	43.	Ram	76.	Cash
11.	Tot	44.	Rear	77.	Cake
12.	Tan	45.	Rail	78.	Calf
13.	Tam	46.	Rash	79.	Cab
14.	Tar	47.	Rake	80.	Fuse
15.	Tail	48.	Reef	81.	Fat
16.	Tissue	49.	Rope	82.	Fan
17.	Tack	50.	Lace	83.	Foam
18.	Taffy	51.	Lot	84.	Fire
19.	Tap	52.	Lane	85.	File
20.	Nose	53.	Lime	86.	Fish
21.	Net	54.	Lair	87.	Fig
22.	Nun	55.	Lily	88.	Fife
23.	Name	56.	Lash	89.	Fob
24.	Nero	57.	Lake	90.	Base
25.	Nail	58.	Leaf	91.	Bat
26.	Niche	59.	Lap	92.	Bean
27.	Neck	60.	Cheese	93.	Beam
28.	Navy	61.	Jet	94.	Bar
29.	Nap	62.	Chain	95.	Bail
30.	Mass	63.	Jam	96.	Bush
31.	Mat	64.	Chair	97.	Bike
32.	Man	65.	Jail	98.	Beef
33.	Mama	66.	Judge	99.	Baby
				100.	Thesis

101. Toast, test, testimony, distress, distrust
102. Dozen, decent, design, dissent
103. Twosome, theism, dismay, dismiss, decimate
104. Desert, dessert, disorder, disregard, disrupt
105. Tassel, desolate, dislike, dissolve, docile, disloyal
106. Dosage, decision, dissuasion
107. Task, tusk, desk, disclose, discourse, dusk
108. Deceive, decipher, disavow, disfavor, adhesive
109. Teaspoon, disciple, dispatch, dispense, dispel, display
110. Tights, statesman, status, studious
111. Deadwood, doodad, doubted, attitude, outwitted
112. Titan, Titanic, detain, steadiness
113. Diadem, totem, datum, stadium
114. Tatar, tater, totter, detract, detriment
115. Title, total, dateline, deadline
116. Detach, deathwatch, death wish
117. Toothache, dedicate, deduct, detect
118. Dutiful, duty-free, additive, sedative
119. Toothpick, tidbit, deadbeat, deathbed
120. Tinsel, tennis, dense, dunce, utensil
121. Tent, taint, taunt, thunder, TNT, doughnut
122. Tenant, denounce
123. Tenement, town meeting, dynamo, dynamite, atonement
124. Tenure, tuner, diner, dinner, doner
125. Thinly, tunnel, town hall, downhill
126. Tenacious, tension, township, donation
127. Tank, tinker, tonic, tunic, donkey
128. Tinfoil, tuna fish, tenfold
129. Tenpin, tinplate, tune up, down payment
130. Teamster, damsel, domicile, demise, atmosphere
131. Tomato, timeout, thumbtack, admit
132. Thumbnail, demeanor, diamond, domain, dominion, domino
133. Teammate, time money, time immemorial
134. Tamer, tomorrow, tumor, demure
135. Tumult, timeless, time limit, demolish
136. Time sheet, time chart, damage
137. Tomahawk, timing, teeming
138. Time fuse, time off, dumbfounded